

## East Anglia adult services

### Middlefield Manor residential services



*"We feel very supported by the staff and management at Middlefield Manor, and feel very grateful that our son lives there".*

*Parents of one of the Middlefield Manor residents*

Middlefield Manor has been a registered home, providing 24 hour care for up to fifteen individuals on the autism spectrum, since 1990. It is a large listed building set in its own spacious grounds. The manor is divided into two separate houses - Norfolk House and Cambridge House – with rooms for seven and eight individuals respectively.

We provide an excellent standard of accommodation. Each single bedroom has its own wash basin and both houses have a number of shared bathrooms with separate WCs. Our communal areas include living rooms, dining rooms and outdoor gardens with summer houses and swings.

Middlefield Manor is located in the village of Barton Mills, on the outskirts of Mildenhall, Suffolk. There are good links to surrounding towns and cities and the motorway is just 10 miles away.

Local amenities in the market town of Mildenhall include an array of family-owned stores, shops, pubs, hairdressers and restaurants. There is no shortage of leisure opportunities either, with a local sports centre and cinema within close distance.

We offer our residents a wide and varied range of activities and each service user is encouraged to visit to the places of their choice. They can take part in swimming, horse riding, biking, bowling and forest walks, and access the nearby resource centre for day activities and educational and vocational opportunities such as ASDAN (Award Scheme Development and Accreditation Network) courses. Activities in Mildenhall are all within walking distance of the Manor.

'X has been at Middlefield manor for the last 20 years and have had no cause for complaint in all that time'

## Parents of a Middlefield Manor resident



We promote person-centred approaches which ensure the best quality of life for our residents, encouraging them to experience new challenges and increasing their independence where possible. Throughout their time with us, people living at Middlefield receive services and support appropriate to their individual needs. Our service is based on a commitment to quality and is continually monitored and developed to improve the way we recognise, understand and meet the needs of people on the autism spectrum and their families.

Each Middlefield resident has their own person-centred plan and our trained staff facilitate development days around it. Residents are encouraged to be actively involved in developing their own care plan by attending meetings and expressing their issues, wishes and concerns.

We welcome referrals for individuals from a wide variety of backgrounds. Whilst we insist on a diagnosis of Autism, we have a proven track record of working with people who have additional areas of need. A number of people with very complex needs have lived in our residential accommodation and successfully moved on to independent supported living.

All our staff receive high quality specialist training, starting with a full and comprehensive induction which incorporates the Learning Disability Award Framework. We also provide an independent advocacy service called *Speaking Up* for people living at Middlefield Manor and work closely with outside professionals such as GPs, psychiatrists, psychologists and community nurses to offer the best possible medical support for our residents.

Middlefield Manor is registered with CSCI, has been accredited by the National Autistic Society Accreditation Team and holds an *Investors In People* Award.

## Middlefield Manor

Paul Steward, Registered Manager  
NVQ4 Registered Managers Award



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Your autism charity